## Using Research-Backed Data to Drive Student Success and Boost Teacher Retention







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## Agenda

Housekeeping & Introductions

Research -> Data -> Practice

- Predicting Student Dropout Risk
- College and Career Readiness
- Teacher Burnout/Attrition



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# Research Says...

### **Prevent Dropout**

How can school districts use student data to predict which students are most at risk of dropping out?

### Identifying Drop-out Risk with Early Warning Systems (EWS)

- Data-driven system to identify students at risk of dropping out
- Monitors key predictors: Attendance, Behavior, and Course Performance (ABC's)
- Enables early intervention before students disengage from school
- Supports strategic resource allocation to prevent dropouts
- Research-proven approach to increase graduation rates

### EWSs: Research-Based Evidence

- Bowers et al. (2013)
  - Analyzed 110 dropout indicators; found ABC measures most predictive
  - GPA and course failures strongest academic predictors
- Allensworth & Easton (2007)
  - 9th grade attendance better predicts graduation than test scores
  - Missing > 10 days per semester reduces graduation chance by 40%
- Balfanz et al. (2007)
  - Students with poor ABC indicators by 6th grade rarely graduate
  - Early identification enables successful intervention





Based on data from Allensworth & Easton (2007)

### ABCs vs. Risk

	Low Risk	Medium Risk	High Risk
Attendance	90% +	80-89%	< 80%
Courses	All Passing	1-2 Fs	3+ Fs
GPA	2.5+	2.0 - 2.4	< 2.0



#### Based on data from Allensworth & Easton (2007)

	Low Risk	Medium Risk	High Risk
Attendance	< 10 Days	10-20 Days	20+ Days
Suspensions	0	1-2	3+
Courses	All Passing	1 F	2+ Fs

#### Based on data from Mac Iver & Messel (2013)

### The ABCs

### Attendance

- Missing 10% or more of school days (chronic absence)
- Missing 20+ days in previous year
- First 20 days attendance patterns

### Behavior

- Two or more office referrals
- Any suspension (in or out of school)
- Behavioral grades/marks below satisfactory
- Poor social adjustment scores

### Course Performance

- Failing any core course (especially Math/English)
- GPA below 2.0
- Two or more failed courses in first marking period
- Not reading at grade level by end of grade
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- Failed state assessments
- Other Indicators
  - Over-age for grade level
  - Multiple school transfers
  - Grade retention at any level

Balfanz et al. (2007); Allensworth & Easton (2007); Mac Iver & Messel (2013); Therriault et al. (2013); Davis et al. (2013)

## Polling Question 1: Does your district utilize any of these early warning indicators?

# Research Says...

### **Ensure Readiness**

How can school districts use student data to assess the extent that they are preparing their students for life beyond K-12?



- College and Career Ready (CCR) frameworks outline comprehensive sets of skills and/or knowledge that students need to succeed post K12, in college or elsewhere (workforce, military, etc)
- Combines academic achievement with practical competencies gained through advanced coursework, technical training, and hands-on experience
- Goes beyond traditional classroom learning to include workplace skills, technical certifications, and real-world experience through internships and apprenticeships
- Increasingly recognizes the importance of non-cognitive skills such as perseverance, teamwork, and time management for post-graduation success

### Existing Frameworks

- California's College/Career Indicator (CCI): Completion of college prep courses, dual enrollment, AP/IB exams, and career technical education pathway (*California Department of Education*, 2021).
- New York's Multiple Pathways to Graduation: Involvement in STEM, the Arts, Humanities, and Career and Technical Education (New York State Education Department, 2020).
- Illinois' Postsecondary and Career Expectations (PaCE) Framework: Structured approach from grade 8-12, outlining key benchmarks (Illinois State Board of Education, 2021).
- Texas' College, Career, and Military Readiness (CCMR): Uses several indicators including meeting TSI criteria, completing dual-credit courses, earning industry-based certifications, and demonstrating military readiness (*Texas Education Agency, 2021*).
- AASAs "Redefining Ready!": Multiple measures approach, using GPA, advanced coursework, dual credit classes, industry credentials, and workplace learning experiences.

### Examples of Indicators, Metrics, Skills, and Benchmarks

- Core academic performance
  - GPA, assessment scores, completion of rigorous courses (Algebra II, AP/IB, etc.)
- Advanced Coursework
  - Enrollment in AP, IB, dual credit courses
- Career and Tech Ed
  - Completion of CTE Pathways, earning Industry Credentials
- Work-Based Learning
  - Internships, apprenticeships, etc.
- Non-Cognitive Skills
  - Perseverance, time management, teamwork, motivation



### Polling Question 2: Does your district utilize any of these CCR indicators?

# Research Says...

### **Prevent Attrition**

How can school districts use student data to predict which teachers are most at risk of burnout and attrition?

### Teacher Burnout and Attrition

- About **8%** of teachers leave the profession each year with additional **8%** moving to a different school (*Carver-Thomas & Darling-Hammond, 2019*).
- 44% of new teachers leave the profession within the first five years of teaching (Ingersoll et al., 2018).
- **78%** of teachers who left profession cited **stress** and **burnout** as a cause (Carver-Thomas & Darling-Hammond, 2017).
- **30%** of teachers who left the profession cited **stress** as the main factor (*Sutcher et al., 2016*).



Note: Shows the weighted percentage of teachers selecting each source among their top three. Source: Rand's survey of 1,479 K-12 teachers conducted January-February 2024

### Using Student Data to Predict Teacher Burnout

- **Teacher burnout** manifests as emotional exhaustion, depersonalization, and reduced sense of accomplishment, leading to increased attrition risk
- *Student absenteeism* forces teachers to constantly modify instruction and manage makeup work, causing frustration and exhaustion
- *Behavioral management* challenges drain emotional resources and decrease teacher self-efficacy
- Poor student academic performance creates pressure and anxiety, diminishing teachers' sense of professional accomplishment
- Combined stressors create a cycle of exhaustion and decreased job satisfaction, accelerating burnout and attrition

### Research Based Metrics

### • Student Attendance Impact:

- When chronic absenteeism increases by **10%**, teacher reported stress levels increase by approximately **15%** (*Gottfried*, 2019).
- Teachers spend an average of **2-3** extra hours per week managing makeup work for chronically absent students (*García & Weiss, 2018*).

### Behavioral Metrics:

- Teachers who handle **more than 3** major behavioral incidents per week show significantly higher burnout rates (*Aldrup et al., 2018*).
- Classrooms with high behavioral referral rates (>2 per week) correlate with decreased teacher self-efficacy scores (*Klassen & Chiu, 2010*).

### Research Based Metrics



### • Academic Performance:

- Teachers in schools with >40% failure rates report 30% higher emotional exhaustion scores (*Klusmann et al., 2008*).
- Managing **more than 5** academic intervention plans simultaneously correlates with increased burnout risk (*Steinhardt et al., 2011*).

### Teacher Attendance/Retention:

- Schools with teacher absence rates >15% show significantly higher turnover in the following year (*Carver-Thomas & Darling-Hammond*, 2019)
- Teachers who report high stress for **3+** consecutive quarters are **2.5** times more likely to leave their position (*Skaalvik & Skaalvik, 2015*).

## Polling Question 3: Does your district utilize any of these teacher burnout predictors?



## Thank You

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